

The MacEwan Staff Association invites you to join the February Tidbit Café:

Healthy Eating & Nutritional Supplements

Nutrition is a widely accepted tool for prevention of chronic disease. Dietary factors are associated with most of the top killer diseases - coronary heart disease, cancer, stroke, diabetes etc. Current nutritional education is controversial or missing in medical training. In medical history, lack of proper nutritional training was indicated, in part, as a contributor to the failure of “WWII.” Using the Traditional Chinese Medicine body constitution concept, Dr. Wang will use calcium to illustrate the best way to select diet and nutritional supplements.



Thursday, February 15, Noon – 1 p.m.

CCC - Room 9-101

ACC - Room 605 (video conference)



Dr. Jiulin Wang, R.Ac., DTCM

Dr. Wang believes healing starts from within. He is a well-known Traditional Chinese Medicine (TCM) instructor, practitioner, and researcher in Alberta. A graduate from Nanjing University of TCM (www.njutcm.edu.cn), he received a Bachelor of Medicine in 1985 and a Master of Medicine from the Faculty of TCM, Nanjing University of TCM in 1990.

He joined the faculty of the Acupuncture Diploma Program of Grant MacEwan University in 2001 and was promoted to the Program Chair in 2010.

Dr. Wang advocates integration of TCM with Conventional Medicine. He has extensive research experience in TCM-Acupuncture, and has published more than 30 professional papers and books.

Please RSVP

Space is limited at all sites. Confirm your participation by [filling out this form](https://goo.gl/2uoJ4V) (<https://goo.gl/2uoJ4V>). You will need to **sign in with your MacEwan University account** (i.e. name@macewan.ca) - <https://goo.gl/2uoJ4V>.